## CONGREGATIONAL CRIER



March 23, 2025 Page 1 Middlebury Congregational Church

203-758-2671 • www.middleburyucc.org

1242 Whittemore Rd. Middlebury CT 06762

#### Welcome to Worship

To keep up with what's going on here at MCC, you can visit our website (middleburyucc.org), like us on Facebook, follow us on Instagram (@middleburycongregational), and subscribe to our YouTube Channel.

#### Restrooms

Restrooms are located down the stairs in the Narthex/entrance of the sanctuary. Accessible, single person restrooms, equipped with changing tables, are located on the Upper Level and may be easily accessed using the elevator. The elevator entrance is located through the exit door in the front of the sanctuary on the left. Please ask an usher for directions/assistance.

#### **Sunday School & Nursery Childcare**

Children are always welcome in worship. During the school year, Sunday School is available during worship for PreK-7<sup>th</sup> grade. School age children will begin Sunday in worship before heading out together with their teachers in the beginning part of worship. The first Sundays of the month are Communion and Family Sunday and Sunday School will not be in session. Staffed childcare for infants through preschoolers is available in the Nursery throughout the year, which is in the upper level Sunday School. If you need assistance, please ask an usher. For more info about Sunday School and childcare, contact the Church Office: office@middeleburyucc.org

#### For More Info

For more information about the church, to sign up for our newsletter please email: (office@middleburyucc.org)

#### Communion

Communion is celebrated the 1<sup>st</sup> Sunday of the month and is open to all, including children, who wish to grow in faith in Jesus Christ. Communion is served in the pews.

#### This Service is Being Livestreamed

If you do not want to appear in the video please choose a pew downstairs in the back 5 rows.

#### **Hearing Assistance**

We have headphones to assist you in hearing the service. Please let an usher know, and they will set you up with a pair.

# Winter Mission Projects

#### **GWIM Food Donations**

Our monthly food contribution to GWIM Soup Kitchen is Chicken Gravy

#### Middlebury Food Bank

List of items needed for our food bank is listed on the bulletin board by kitchen. These items can be dropped off at Shepardson Community Center with the Senior Center.

### Back to Basics: A Lenten Discussion on the Apostles' Creed

Social Hall, Wednesdays during Lent: 6:30 Soup Supper, 7pm Discussion

3/12: "I believe in God the Father Almighty, maker of heaven and earth"

• Scripture: Genesis 1-2, John 1, Psalm 146

3/19: "and in Jesus Christ, God's only Son, our Lord: who was conceived by the Holy Spirit, born of the Virgin Mary"

• John 1, John 3: 11-21, Luke 1:26-38, Matthew 1:18-25

3/26: "suffered under Pontius Pilate, was crucified, died, and was buried."

Mark 15

4/2: "He descended into hell. On the third day he rose again from the dead. He ascended into heaven and is seated at the right hand of the Father"

• 1 Peter 3: 8-22, Ephesians 4:7-10, John 20: 1-18, Acts 1: 6-11

4/9: "and he will come again to judge the living and the dead."

• Mark 13:24-27, Matthew 25: 31-46, Revelation 20:11-21:8

4/16: "I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting."

- Holy Spirit: Acts 2:1-13, John 14: 15-31
- Church: 1 Corinthians 12, Ephesians 4:4-6, John 1: 17-26, Hebrews 10:24-25
- Communion of saints, resurrection of the body, life everlasting: 1 Thessalonians 4: 13-18, Hebrews 12:1-2, 1 Corinthians 15:51-58

For further reading:

The Apostles' Creed: A Guide to the Ancient Catechism by Ben Myers (Lexham Press, 2018)

#### Yoga at MCC!

What: Vinyasa Yoga for all fitness levels

Where: Our Social Hall When: Mondays @ 5:30 p.m. Why: Join us and RELAX!

**How:** Bring a mat and blocks. Bolster, water bottle, strap and blanket are optional. Please dress to move.